**Wind and Water – Celebrating 30 years**

**Author – Ann Barber**

**Molly Dance for 8 – start facing in across the set**

**Music 4/4 reel -The Silver Spear**

**Marching/Ranting – Outside Foot Start**

In this dance, arming is circling at sides of body - hip height – usually for 3 and on 4th step, a quick figure 8 turning in front of face/body. Final figure – arming above heads or hands in small of back

When turning – turn sharply on first step and dance 2nd step in new position

**Dance Order**

1. **Whirlpools**
2. Chorus
3. **Stormy Weather**
4. Chorus
5. **Turning the Tide**
6. Chorus
7. **Riptide**
8. Chorus
9. **Mill Wheels**
10. Chorus
11. **Rainbows**

**Chorus – 16 steps**

* All march forward x 4 then 2 rants on spot – arms circle at sides x 1 then figure 8 to front
* All march back to place x 4 then 2 rants on spot – arms circle at sides x 1 then figure 8 to front
* Repeat

**Figure One – 16 steps – Whirlpools**

* All start facing across the set and dance 2 rants – arms circling at sides x 2
* All turn down the set – turning sharply on 1st rant then dance 2nd rant in place - arms circle at sides x 1 then figure 8 to front
* All turn to face out of set, dancing 2 rants - arms circling at sides x 2
* All turn to face up dancing 2 rants – arms circle at sides x 1 then figure 8 to front

**Reverse**

* All turn to face out of set, dancing 2 rants- arms circling at sides x 2
* All turn down the set, dancing 2 rants – arms circle at sides x 1 then figure 8 to front
* All turn to face in, across set, dancing 2 rants - arms circling at sides x 2
* All turn to face up dancing 2 rants – arms circle at sides x 1 then figure 8 to front

**Figure Two – 16 steps – Stormy Weather**

**Dancers 1, 2, 7 and 8**

* All march x 4 on spot, turning out until facing out along their diagonal [arms down] - dance forward 2 rants [arms circling at sides x 2]
* All march x 4 on spot, turning inwards to face centre of set along their diagonal [arms down]; then dance 2 rants on the spot [arms circling at sides x 2]
* Dancers 1 and 2 – march x 4 to face each other [arms down], dance 2 rants on the spot - [arms circling at sides x 2] whilst dancers 7 and 8 - march x 4 to face each other [arms down], dance 2 rants on the spot - [arms circling at sides x 2]
* All dance 2 rants back to set places then dance 2 rants to face up - [arms circling at sides x 3 finishing with figure 8 to front]

**Meanwhile** – **Dancers 3,4,5 and 6**

* Dancers 3 and 4 – march x 4 turning outwards until facing 5 and 6 who march x 4 on spot [arms down]
* All dance 2 rants on spot [arms circling at sides x 2]
* Dancers 3, 4, 5 and 6– all march x 4 turning inwards to face across set [3:4, 5:6][arms down].
* All dance 2 rants on spot - [arms circling at sides x 2]
* Dancers 3, 4, 5 and 6march x 4and **continue** turning until back to back [3:5, 4:6][arms down]
* All dance 2 rants on spot - [arms circling at sides x 2]
* Dancers 3 and 4 march x 4 on spot [facing up] whilst 5[RH] and 6[LH] turn outwards marching x 4

All dance 2 rants to face up - [arms circling at sides x 1 then figure 8]

**Figure Three – 32 steps – Turning the Tide**

* All dance 1 rant turning RH sharply then dance 1 rant in place– so all facing RHS of set – arms circle at sides x 2
* Men dance forward 2 rants [LH] and ladies dance backward 2 rants [RH]– into one long line – arms down
* Pairs march x 2 in ripple effect – 1:2/3:4/5:6/7:8 - arms down
* All march x 4 - turning Left to face LHS of set – arms down
* All dance 2 rants back to set places – arms down
* All dance 2 rants to face up – arms circle at sides x 2
* All dance 2 rants on spot - arms circle at side x 1 then figure 8 to front

**Reverse**

* All dance 1 rant turning LH sharply then dance 1 rant in place– so all facing LHS of set – arms circle at sides x 2
* Ladies dance forward 2 rants [RH] and men dance backward 2 rants [LH] – into one long line – arms down
* Pairs march x 2 in ripple effect – 1:2/3:4/5:6/7:8 - arms down
* All march x 4 turning Right to face RHS of set – arms down
* All dance 2 rants back to set places – arms down
* All 2 rants to face up – arms circle at sides x 2
* All 2 rants on spot - arms circle at sides x 1 then figure 8 to front

**Figure Four – 32 steps – Riptide**

* Dancers 1 and 8 rant x 6 clockwise around outside of set - swapping places – then dance 2 rants to face up– arming throughout
* **Meanwhile** – 2 and 3; 4 and 5; 6 and 7 dance 2 rants to meet [diagonally] - rant x 2 to make RH turn swapping places; reverse 2 rants [into opposite set place] - 2 rants to face up - arms circle at sides x 1 then figure 8 to front
* **Repeat** – [ All back to original set places]
* **Next** Dancers 2 and 7 rant x 6 clockwise around outside of set - swapping places – then dance 2 rants to face up– arming throughout
* **Meanwhile** – 1 and 4; 3 and 6; 5 and 8 dance 2 rants to meet [diagonally] – rant x 2 to make RH turn swapping places; reverse 2 rants [opposite set place] – 2 rants to face up - arms circle at sides x 1 then figure 8 to front
* **Repeat** – All back to original places

**Figure Five – 16 steps – Mill Wheels**

* Dancers 1 and 2 dance 2 rants backwards then 2 rants on spot - arms circle at sides x 3 then figure 8 to front
* **Meanwhile** dancers 7 and 8 dance forward 2 rants then 2 rants on spot - arms circle at sides x 3 then figure 8 to front
* **Meanwhile** Dancers 3 and 5 dance left 2 rants then 2 rants on spot - arms circle at sides x 3 then figure 8 to front
* **Meanwhile** dancers 4 and 6 dance right 2 rants then 2 rants on spot - arms circle at sides x 3 then figure 8 to front

**[Set moved from longwise to crosswise]**

* All now dance 8 rants for a RH star [with arms down] as follows:
	+ Dancers 1:2 and 7:8 move sharply to align RH shoulders on first rant then dance 2nd rant in place
	+ Meanwhile dancers 3 and 4 dance 1 rant turning round sharply to face dancers 5 and 6 who dance forward 1 rant to meet 3 & 4. On 2nd rant 3:5 and 4:6 align RH shoulders
	+ All now dance turning sharply together to next quadrant on 3rd rant then 4th rant in place; turning on 5th and 6th in place; turning on 7th then 8th rant in place
* All dancers have 2 rants to dance back to set places and then 2 rants facing up – arms circle at sides x 3 then figure 8 to front

**Figure Six – 32 steps – Rainbows**

* Dancers 1 & 2 dance 2 rants backward/outwards whilst dancers 7 & 8 dance 2 rants forward/outwards – hands in small of back
* **Meanwhile** Dancers 3, 4, 5 and 6 dance 2 rants on spot - hands in small of back [longwise set now crosswise]
* All dance 2 rants on spot – arming above head with both hands
* Dancer 1 turns by LHS and leading 3, 4, 2 - dances 6 rants forward/left in arc shape – to original position of dancer 8 – hands in small of back
* **Meanwhile** Dancer 8 leading 6, 5, 7 - dances 6 rants forward/right in arc shape – to original position of dancer 7 – hands in small of back
* All march x 4 to turn and face up – arms down – 1/3/4/2 turn LHS whilst 8/6/5/7 turn RHS

1 3 4 2

7 5 6 8

2 4 3 1

8 6 5 7

* All dance 4 rants on spot – arming above head with both hands
* Dancer 1 leading 3, 4, 2 - dances 6 rants forward/left in arc shape – to original position - hands in small of back
* Meanwhile Dancer 8 leading 6, 5, 7 - dances 6 rants in arc shape forward/right– to original position - hands in small of back
* All march x 4 to turn and face up – arms down - 1/3/4/2 turn RHS whilst 8/6/5/7 turn LHS
* All dance 4 rants on spot – arming above head with both hands

1 3 4 2

7 5 6 8

2 4 3 1

8 6 5 7

* Dancers 1 and 7 turn LHS to face out LHS - marching x 4
* Dancers 2 & 8 turn RHS to face out RHS - marching x 4
* Dancers 5 & 6 turn [5 RH; 6 LH] to face out – marching x 4
* Dancers 3 & 4 march x 4 on spot - All arms down
* All rant x 2 arming above heads with both hands - end 2nd rant with stamp