**Saxstead – Dance for 6 or 8 with sticks - RFS**

**Feet** Marching or ranting

**Arms** Down held parallel unless ranting; parallel by ears – flicking gently

**Chorus** Forward march 4 steps; 2 rants on the spot [alternate arms/legs]; Reverse march 4 steps; 2 rants on the spot. Repeat all.

**Figures** Chorus

**Odds Across**

Chorus

**Into line**

Chorus

**Star**

Chorus

**Corners**

Chorus

**Hey**

Chorus

**Bottoms Up [including Dance Off]**

**Odds Across** Men/Odds face then march 4 steps across set; into line with and to the front of opposite lady/even, **meanwhile** evens/ladies stand still [sticks down]; men dance 4 rants around lady whilst ladies rant on spot [sticks up]; men march back to place for 4 whilst ladies stand still [sticks down]

All above repeated by ladies/evens

**Into Line** All march 4 steps into line; meet right shoulders; 4 rants turning a square - 4 x ¼ turns - on the spot - facing partner first; march 4 steps out to opposite place and turn to face in

Repeat above – back to place

**Star** **[8]** In each group of 4 – march 4 steps to meet in centre [sticks down]; rant x 1 to put right shoulder in; rant round x 2 to diagonally opposite place; rant x 1 to face out [sticks up when ranting]; march out to place 4 steps [sticks down]

All turn by the right - march back in to meet - 4 steps; turn right shoulder in and repeat above back to place

**Stars [6]** As above with all 6 dancers forming one star

**Corners [8]** In each group of 4: 1st man and 2nd lady [first corners] march forward 4 steps to meet ; rant round clockwise for 180° whilst facing each other; march backwards 4 steps into opposite place

**Meanwhile** 1st lady and 2nd man march forward or backward 4 steps; 4 rants on spot; then march 4 steps back to place and 4 rants in place

**Repeat all above** with 1st lady and 2nd man marching in to meet

**Corners [6]** As above but 1st man and 3rd lady march to meet; others march forward/backward and rant; 2nd man and lady simply go forwards and backwards; repeat with 1st lady and 3rd man march in to meet

**Hey [8]** Whole set forms a vertical cross:

Number 2’s turn, by the right, to face number 3’s; all forward 4 steps -forming a line across set; meeting RH shoulders

Top man and lady move 4 steps and meet RH shoulders; bottom man and lady move 4 steps and meet RH shoulders – everyone 2 rants on the spot

Repeat hey around set – 4 steps and 2 rants - passing alternate right/left shoulders – back to place

**Hey [6]** As above – forming T shape and end when two places beyond original place

**Bottoms Up** Bottom couple march 4 steps into line with number 3’s; both 4’s and 3’s dance 2 rants on spot;

Bottom couplerepeat into line with number 2’s and then number 1’s – then dance off repeating steps - either casting out/passing caller

Other couples follow up – 3’s moving into line with 2’s then 1’s etc.

All dance off….