**Ramsholt** based on Uncle Roland’s Polka from Horwich

Suggested tunes: Marmalade Polka, Gallopede

Outside foot start, left shoulder crossing.

Using mollies when ranting, opposite arm to foot, with spare arm in small of back. (No mollying when linked with another dancer.)

**Chorus/step up:**

Three steps forward, then caper, bringing both arms up and mollying

Three steps back, stamping on fourth

Four rants on spot, alternate mollying.

**Cascade Twos Turn:**

One rant to turn in, three to meet left shoulders in middle of set, knuckle to knuckle along line

Cascade turn from top pair, taking two rants to turn 180 degrees – dancing couple stops after turn (but keeps joined knuckles)

Three rants back to place and one to face up.

**Crossover & Lock Gates:**

Three rants to cross set to partner’s place, one to make shoulder link with neighbour, three rants to turn 180 degrees as a pair, turning upwards, fourth rant to separate

Repeat back to place.

**Zig Zag:**

Positions 1 and 8 turn and face diagonally out of set on first rant, then take three rants to turn on spot until facing back into pattern

Positions 2 – 7 cross diagonally across set for three rants, passing left shoulder, i.e. 2, 4 & 6 pass diagonally down the set, 3, 5 & 7 pass diagonally up the set

Everyone uses the fourth rant to turn and face their next direction of travel

When you are “spare” at the top or bottom of the set, you turn on the spot for four rants, fitting back into the pattern as above

Repeat the zig zag until you are home. (NB Making eye contact helps.)

**Grand Chain:**

Top couple start a cascade hey, passing left shoulders first, and each pass is two rants only, i.e. you have two rants to pass a dancer and get into the next set position

You don’t move until the top couple reach you, so -

Top couple will start dancing on the first rant, second couple on the third rant (passing right shoulder first), third couple on the fifth rant (left shoulder first), and fourth couple on the seventh rant (right shoulder first)

Continue to home, finishing with a smart stamp.

**Half Star:**

Two rants into star, arming

Two rants round 180 degrees left shoulder in, no arming

Two rants backing out to diagonal opposite place, arming

Two rants facing up, arming

Repeat to place.

**Final Figure:**

Cast in, crossing with partner and dancing down the set inside the opposite line for eight rants, No.1 leading (rest of set should continue to move up as cast starts)

Steps 9-10 1st couple turns out and up, then stops dancing

 11-12 2nd couple turns out and up, then stops dancing

 13-14 3rd couple turns out and up, then stops dancing

 15-16 4th couple turns out and up

Step Up/Chorus in reverse set position

Cast in single and dance off, arming.

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