Step: Hop-step throughout, excepting Royton steps in final figure. Right foot start.

Implements: Ribbon sticks Music: Fishers’ Hornpipe Figures: Step Up

Promenade

Big Star Cascade Ladies Chain

Royton & Dance Off

*Leicester*

aka *St. Helens Gala Wakes*

**STEP-UP**

Steps 1 - 4 3 steps with arms extended.

1 step to bring arms back to candlestick position

.

Steps 5 - 8 Right-hand turn with opposite.

Steps 9 - 12 3 steps with arms extended.

1 step to bring arms back to candlestick position.

Steps 13 - 16 Left-hand turn with opposite.

**PROMENADE**

Steps 1 - 3 Nos 1, 4, 5 and 8 side-step towards their opposite, all facing up and ending shoulder to shoulder.

Step 4 Put inside arm around opposite and raise outside arm to diagonal. Steps 5 - 6 1st couple pivot round No 2 to face down.

Other couples take 2 steps up the set.

Steps 7 - 8 1st couple start to progress down the outside of the set.

2nd couple pivot round No 3 to face down. Other couples take 2 steps up the set.

Steps 9 - 10 2nd couple start to progress down the outside of the set.

3rd couple pivot round No 6 to face down.

4th couple take 2 steps up the set.

Steps 11 - 12 3rd couple start to progress down the outside of the set.

4th couple pivot round No 7 to face down.

Steps 13 - 14 4th couple start to progress down the outside of the set.

Steps 15 -18 1st couple take two steps to pivot round No 2 and dance two steps up the middle of the set.

Couples 2, 3 and 4 continue dancing down the set.

Steps 19 - 24 1st couple continue dancing up the middle of the set.

2nd couple take two steps to pivot round No 3 and dance two steps up the middle of the set.

Couples 3 and 4 continue dancing down the set.

Steps 23 - 26 1st and 2nd couples continue dancing up the middle of the set.

3rd couple take two steps to pivot round No 6 and dance two steps up the middle of the set.

Couple 4 continues dancing down the set.

Steps 27 - 28 1st, 2nd and 3rd couples continue dancing up for 2 steps.

4th couple take two steps to pivot round No 7 and face up in the middle of the set.

Steps 29 - 31 All couples separate and dance back to place, all facing up. Step 32 Arms come down to the candlestick position.

**BIG STAR**

**(AKA BIG STAR, DON’T MOVE!)**

Steps 1 - 4 Nos 1, 2, 7 and 8 dance on the spot, hands in the candlestick position. (Don’t move!)

Nos 3, 4, 5 and 6 dance to form a left-handed star (a cross, not a

plus figure) in the middle of the set, hands in the candlestick position.

Steps 5 - 8 Nos 1, 2, 7 and 8 dance to meet right shoulder with an arm of the star: 1 with 3, 2 with 4, 7 with 5 and 8 with 6.

Nos 3, 4, 5 and 6 dance on the spot, hands in the candlestick position. (Don’t move!)

On the last step (8), make the star and link arms. Outside dancers raise their outside arm to diagonal.

Steps 9 - 16 Turn the star clockwise half-way i.e. until dancers are opposite their original position. (Insides go backwards; outsides go forward.)

Steps 17 - 20 Arms back to the candlestick position and dancers turn half-way round on the spot, going clockwise.

On the last step (20), link arms again. Outside dancers raise their outside arm to diagonal.

Steps 21 - 28 Turn the star half-way anti-clockwise until dancers are back where they started. (Insides go backwards; outsides go forward.)

Steps 29 - 31 All dance back to place.

Step 32 Arms come down to the candlestick position

**CASCADE Danegeld do an alternative version (Dixine 2022)**

Steps 1 - 4 All except Nos 1 and 2 stop dancing.

Nos 1 and 2 dance down the inside of the set, crossing with the man going first, ending up just inside Nos 3 and 4. On step, 1, 2, 3 and 4 raise their outside

|  |  |  |  |
| --- | --- | --- | --- |
| **3** | **2** | **1** | **4** |
| **5** |  |  | **6** |
| **7** |  |  | **8** |

arm to the diagonal.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Steps 5 - 8 Nos 1 and 4, and 2 and 3 turn half- way in 4 steps. | | **2** | **3** | **4** | **1** |
| **5** |  |  | **6** |
| **7** |  |  | **8** |
| Steps 9 - 12 | Nos 3 and 4 dance down the inside of the set, crossing over to the inside of | **2** |  |  | **1** |
|  | nos 5 and 6. 1 and 2 keep dancing  facing up. | **5** | **4** | **3** | **6** |
|  |  | **7** |  |  | **8** |
| Steps 13 - 16 | Nos 3 and 6, 4 and 5 turn halfway in  4 steps. | **2** |  |  | **1** |
|  |  | **4** | **5** | **6** | **3** |

Steps 17 - 20 Nos 1 and 2 dance down the inside of the set, crossing over to the inside of nos 3 and 4.

Similarly, nos 5 and 6 dance down the inside of the set, crossing over to the inside of nos 7 and 8.

**4 1 2 3**

**7 6 5 8**

Steps 21 - 24 Nos 1 and 4, and 2 and 3 turn half- way in 4 steps.

Similarly, nos 6 and 7, and 5 and 8 turn half-way in 4 steps.

**1 4 3 2**

**6 7 8 5**

|  |  |  |  |
| --- | --- | --- | --- |
| **1** |  |  | **2** |
| **6** | **3** | **4** | **5** |
| **8** |  |  | **7** |

Steps 25 - 28 Nos 1 and 2 stop dancing.

Nos 3 and 4 dance down the inside of the set, crossing over to the inside of nos 5 and 6.

Nos 7 and 8 dance down the inside of the set to their opposite place.

Steps 29 - 32 Nos 3 and 6, and 4 and 5 turn half-

way in 4 steps. **1 2**

Nos 7 and 8 turn out half-way in 4

steps to face up.

**3 6 5 4**

**8 7**

Steps 33 - 38 Nos 3 and 4 stop dancing

Nos 5 and 6 dance down the inside **1 2**

of the set, crossing over to the inside

of nos 7 and 8.

**3**

**4**

Steps 37 - 40 Nos 5 and 8, and 6 and 7 turn **1 2**

halfway in 4 steps.

**3 4**

**5 8 7 6**

**4**

Steps 41 - 44 Nos 5 and 6 stop dancing

Nos 7 and 8 dance down the inside of **1 2**

the set, crossing over to their original

side. On the last step, turn out and

face up. **3**

**5 6**

**7 8**

Steps 45 - 48 All dance up the set to original places.

**LADIES CHAIN**

Steps 1 - 4 First corners (Nos 1 and 4; and 5 and 8) take two steps to meet right shoulder, between the second corners; then do a right-hand turn

half-way round.

Second corners (Nos 2, 3, 6 and 7) dance on the spot, turning to align themselves along the diagonal. The set will look like this:

**3**

**1**

**4**

**2**

**7**

**5**

**8**

**6**

Steps 5 - 8 Ends do a left-hand turn half-way round i.e. 1 and 3, 2 and 4, 5 and

7, 6 and 8.

Steps 9 - 28 Continue alternatively turning middles and ends every four steps. Steps 29 - 32 Dance directly back to place.

**ROYTON**

Steps 1 - 4 Take four steps to form a cross, keeping face up:

**1**

**2**

**5 3 4 6**

**7**

**8**

Steps 5 - 8 Royton step on the right foot: across, out, across, out and home. Steps 9 - 12 Royton step on the left foot: across, out, across, out and home.

Steps 13 - 16 Royton step on the right foot: forward, back, forward, back and home.

Steps 17 - 20 Royton step on the left foot: forward, back, forward, back and home.

Steps 21 - 24 Turn clockwise on the spot to face out, keeping dancing throughout:

Nos 4 and 6 do a quarter-turn in one step. Nos 7 and 8 do a half-turn in two steps.

Nos 5 and 3 do a three-quarter turn in three steps. Nos 1 and 2 do a complete turn in four steps.

**1**

**2**

**5 3 4 6**

**7**

**8**

Steps 25 - 40 Perform the same sequence of Royton steps: side-to-side on each foot, then forward-and-back on each foot.

Steps 41 - 44 Four steps to turn on the spot:

Nos 1, 6, 8 and 5 do a quarter-turn clockwise.

Nos 2, 4, 7 and 3 do a quarter-turn anti-clockwise.

**1**

**2**

**5 3 4 6**

**7**

**8**

Steps 45 .... Start to dance off. Nos 1, 6, 8 and 5 dance clockwise, while nos 2,

3, 7 and 4 dance anti-clockwise. At a suitable point, no 1 leads off and 5 , 8 and 6 follow in a single line. Once no 6 has started to dance off, the next available dancer in the inner ring joins the line and leads the remaining dancers off.