**Eyke – Dance for 8 with sticks – RFS/LShX**

**Feet** Singles or kicking forward from knees; high kicks in can-can

**Arms** Sticks held parallel at ears – flicking gently or held still down by sides

**Figures**

**4 & 4; 6 & 2** Single steps on spot for 4 – sticks up; kick forward for 4 – sticks down

 Single steps on spot for 6 – sticks up; kick forward for 2 – sticks down

**Cross Over** Single steps x 6 across set [passing LHSh] – sticks up; face up set and kick for 2 – sticks down. Repeat back to place

**Sideways Sidle** 1st lady/2nd man; 3rd lady/4th man – 4 small single steps sideways to meet-sticks up; together dance 4 x RH ¼ turns kicking forward [RF 1st]- sticks down **meanwhile** all others dance 4 single steps on spot -sticks up and 4 forward kicks- sticks down. 1st lady/2nd man; 3rd lady/4th man – 4 small single steps back to place- sticks up; facing up dance 4 kicks - sticks down **meanwhile** all others dance 4 single steps on spot – sticks up and 4 forward kicks - sticks down

 1st man/2nd lady; 3rd man/4th lady - 4 small single steps sideways to meet-sticks up; together dance 4 x RH ¼ turns kicking forward [RF 1st] – sticks down **meanwhile** all others dance 4 single steps on spot – sticks up and 4 forward kicks - sticks down. 1st man/2nd lady; 3rd man/4th lady - 4 small single steps back to place - sticks up; facing up dance 4 kicks - sticks down **meanwhile** all others dance 4 single steps on spot - sticks up and 4 forward kicks - sticks down.

**All Cross Through** All single step x 6 across set - sticks up [all cross through style]; all face up set and dance 2 forward kicks - sticks down. All single step x 6 across set to place - sticks up; all face up set and dance 2 forward kicks - sticks down.

**Star** In 4’s - all dance 3 single steps in to meet & 1 step to turn left shoulders in - sticks up; all dance 4 kick anti-clockwise - sticks down; all dance 4 single steps backwards into place - sticks up then 4 kick steps facing up - sticks down

**Cast In** Couples take turns to cast in together to form double line [total 8 steps]; when all have cast in couples take turns to cast out together [total 8 steps] – sticks up throughout

**Walk In** All march 3 steps into single line, meeting partner by left & 1 step to face up – sticks down; all dance 4 single steps – sticks up. Alternate cast out into two lines to bottom of set [8 steps]; alternate cast in [8 steps] – sticks up throughout. All march 4 steps backwards to place – sticks down

**Can-Can** In 4’s – 1st couple cast to outside [2 steps] then turn to face up [2 steps], in line with 2nd couple who dance 4 steps on spot moving slightly forward – sticks up. All dance 4 high kicks [to the front] – sticks down

Original 1st couple cast out again [2 steps] and fall in behind 2nd couple [2 steps] reforming set position – sticks up. All dance 4 low kicks facing up – sticks down

 Repeat all above with ‘new’ front couple

**Gypsy** In 4’s – 2nd couple dance 2 diagonal steps in between 1st couple, then 2 diagonal steps out to set position – sticks up **meanwhile** 1st couple dance 4 single steps moving slowly backwards into 2nd couple’s place. All dance 4 kicks facing up – arms down.

Repeat all above– back to place

**Cascade Hey** Top couple move down set, passing 2nd couple by the left **whilst** 2nd couple move into place of 1st couple and 3rd/4th couples wait, dancing 4 steps on spot [4 steps – sticks up]

Original top couple continue down set passing next couple by the right, **whilst** new top couple make RH turn on spot **meanwhile** bottom couple wait, dancing 4 steps on spot. Current top couple move on down set, passing second couple by the left **whilst** original tops pass bottom couple by the left [4 steps – sticks up]

 All hey alternate left/right back to original places; 4 steps for each change; couples at top of set turn to the right and pass next by the left

 Once back in place, each couple turns on the spot – 3rd/4th couples turning together [sticks up throughout]

**Straight Hey** All march 3 steps into single line, meeting partner by the left; turn 1 step to face partners – sticks down; all dance 4 steps on spot – sticks up.

All hey – 2 steps to right [out] then 2 steps to left [into line] – continue until face own partner again – when at the end of the set turn 360\* [4 steps] turning alternate shoulder to last pass; sticks up throughout

**Sausage** Sticks down – all move out quickly sideways, forming large oval. Dance large steps anti-clockwise until opposite original place and form set.

All march in 3 steps to form single line meeting by the left; turn 1 step to face up – sticks down. Sticks up - all dance two steps; one kick and end with a stamp and sticks down sharply

**Dance Off** Single line dance off, all crossing the moving line