**Carr Lodge – Dance for 6 or 8 with sticks - OFS**

**Feet** Ranting or stepping on spot

**Arms** Windmill arming – flicking out on 3rd beat

**Chorus** Windmill arming – 16 steps on spot

**Figures** Chorus

**Step Across**

Chorus

**Up Through**

Chorus

**OXO**

Chorus

**Gateposts**

Chorus

**To The Bar [Figure 5]**

Chorus

**Alternate Cast In**

Chorus Off Forwards

**Step Across** Gents rant across 4 steps, into line and in front of each lady

Ladies rant round men for 4 steps, whilst men step on spot

Gents rant across 4 steps back into place. All dance 4 rants in a diamond

Ladies rant across 4 steps, into line and in front of each gent

Men rant round ladies for 4 steps, whilst ladies step on spot

Ladies rant across 4 steps back into place. All dance 4 rants in a diamond

**Up Through [8]** 2nd and 4th couples rant 2 steps diagonally – gents pass in front – to stand in front of 1st and 3rd couples; then rant 2 steps to outside; then rant 2 steps behind 1st and 3rd couples; then 2 steps diagonally back to place – ladies pass in front

1st and 3rd couples rant 2 steps diagonally – gents pass in front – to stand in front of 2nd and 4th couples; then rant 2 steps to outside; then rant 2 steps behind 2nd and 4th couples; then 2 steps diagonally back to place – ladies pass in front. All move back during next chorus

**Up Through [6]** Bottom couple rant 6 steps diagonally, to outside of opposite top – then 2 rants into set. Others arming on spot for 6 then back for 2. Repeat with new bottom couple. Repeat whole x 2 until all back in place

**OXO [8]** Top couple RH turn with 2nd man; bottom couple LH turn with 3rd lady whilst 2nd lady and 3rd man dance 4 rants to swap places. Top couple LH turn with 3rd man; bottom couple RH turn with 2nd lady whilst 2nd man and 3rd lady swap places – 4 rants.

Top couple RH turn with 3rd lady; bottom couple LH turn with 2nd man whilst 2nd lady and 3rd man dance 4 rants to swap places. Top couple LH turn with 2nd lady; bottom couple RH turn with 3rd man whilst 2nd man and 3rd lady swap places – 4 rants.

**OXO [6]** Top couple RH turn with 2nd man; bottom couple LH turn with 2nd lady. Race track around with men on outside. Middle couple use same hand.

**Gateposts** Bottom couple rant up middle of set, 4 steps, stopping between top couple before turning out in time with top person [ who arms as they turn] 4 x ¼ turn] moving in as second couple. As soon as bottom couple reach top of set, new bottom couple dance up middle of set. Having moved back into second couple position, bottom couple moves backwards making room for next couple to fit in. Repeat until all back to place

**To the Bar[#5]** Top man and bottom lady rant towards and past each other – into crowd etc for 8 rants. On every second beat this is danced by top lady with bottom man; 2nd man with 3rd lady; 3rd man with 2nd lady. Now all return to set places in same order; starting on every second beat.

**Alternate Cast** All cast into one central line; men before ladies. Men cast out to ladies’ side and ladies cast out to men’s side. Repeat cast in with ladies before men; cast out to reform original set.